

Ascension Day

‘... What I have found essential is an attitude in every way of praying: open hands ready to receive and an honest heart – never hiding anything.’

Who: The Archbishop of Canterbury, Justin Welby

Read: ‘Trust in Him at all times, O people; pour out your heart before Him; God is a refuge for us.’ **Psalm 62:8**

Prayer Practice: If you want to hear from God read the Bible, if you want to deepen your faith pray through the Bible. Read a passage of scripture – as it’s Ascension Day maybe use Luke 24: 36-53. Pray yourself into this; where are you in this story and how does this inform what you pray for your five friends? In your prayer allow scripture to give you a new vision of who God is.



Watch this video from
Archbishop Justin Welby



Pause and Pray: Ask God to help the five people you are praying for to open their hearts and hands to receive His love through hearing His voice.

