



Session 6: Radiating KINDNESS

Discussion openers...

- Have you noticed any of the fruit of the Spirit in action in you on your frontlines in the last week?
- Is 'kindness' just about being 'nice'?

Does Christlikeness benefit more than the individual?

Watch the video: <https://youtu.be/hxEpTHkIF00> (up to 6:10)

- What did you find interesting/encouraging/challenging about what was said in this bit of the video?
- Our church strapline is 'Partnering with God in the flourishing of our communities.' Where do you see Christians seeking to be more like Jesus, transforming others and causing our communities to flourish?
- Where do you feel you are making a difference to those around you as you seek to be more Christlike on your own frontline?
- Stop and give thanks in prayer for these things.

Radiating KINDNESS

Watch the video: <https://youtu.be/hxEpTHkIF00> (from 6:10)

- Read **Psalm 23** together.
In many ways this Psalm talks about the kindness of God. The word in v6 translated 'love' or 'mercy' often is the word 'hesed' in Hebrew which means 'loving kindness.'
- How have you experienced the kindness of God in your life? Do you see God as 'kind'?

Read **Luke 10:25-37 – Kindness in Action** (The Parable of the Good Samaritan. It's all very familiar, but ask God to help us see it with fresh eyes!).

- What does kindness look like in this story? How is this kindness seen in the life of Jesus?
- What stops us showing kindness in this way in our everyday lives?
- Think of your frontline – your neighbourhood, community group, workplace, family.... What does/could 'kindness in action' look like there?

Response

- Have a time of silence to reflect (or play Holy Spirit living breath of God <https://www.youtube.com/watch?v=kDYjn-YdnD4> which talks about 'kindness to the greatest and the least').
- Ask people to be open to the Holy Spirit's prompting. What is the Lord wanting to say to you today about kindness? What small changes is he asking you to make this week?
- Share in 2's and 3's anything you are prompted to do differently this week and pray for each other.
- Finish by saying the prayer of John Stott together – and then commit to saying it every day this week.

Heavenly Father, I pray that this day I may live in your presence and please you more and more.

Lord Jesus, I pray that this day I may take up my cross and follow you

Holy Spirit, I pray that this day you will fill me with yourself and cause your fruit to ripen in my life: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

Amen.