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Week of Guided Prayer 2022

May 15th – 21st Malvern

Come all you who are thirsty



Come all you who are weary

Come And See



For the third consecutive year, Rev. Sylvia Coke Woods and Jane Long, together with other members of the Worcestershire Diocesan Network for Spiritual Directors, are offering this week of guided prayer to the churches in Malvern. The theme is based around the Lord's invitation to 'come'. As you read the following scriptures, stay a while with the words that particularly draw your attention, listening to your own heart's response as well as that of Jesus.

"Come all who are thirsty, Give ear and come to me that your soul might live." Isaiah 55:1,3

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

Matthew 11:28

"The next day, John was there again with two of his disciples. When he saw Jesus passing by, he said, "Look, the Lamb of God!" When the two disciples heard him say this, they followed Jesus. Turning around, Jesus saw them following and asked, "What do vou want?"

They said, "Rabbi," (which means 'Teacher') "where are you staying?"
"Come," he replied, "and you will see." So they went and saw where he was staying, and they spent that day with him. It was about four in the afternoon."

John 1:35-39



A week of guided prayer provides a special opportunity to come aside for a while from your daily routine, to focus on your individual walk with God. You will be given an experienced prayer guide who you will meet either in person or on line for approximately 45 minutes each day Monday to Friday, at an agreed time, to listen and accompany you on your spiritual journey. You will be offered a scripture, image or poem to aid you in your reflection and prayer during the day.

The week will start on Sunday 15th May at 4pm, when all who are participating will be invited to meet together. There will be an introduction to the week followed by a short reflection. We will then break into small groups when you can meet your spiritual director/ prayer guide, to decide when and where you will meet, and ask any further questions you might have.

At the close of the week on Saturday 21st May 4pm there will be a further opportunity to come together, to give thanks to the Lord for His presence and work in our lives during the week that's past and this will be based around a creative reflection. These two shared meetings will be held at 6 Cowleigh Rd (Gospel Hall) WR14 1QD.

There are limited places so if you are interested and would like to reserve a place or find out more, please contact either Rev. Sylvia Coke Woods or Jane Long.

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There is no set charge, however if you wish to make a donation, that will be gratefully received. Our most important consideration is that this special week, when you can focus on your relationship with God, will be accessible to all.