## The still small voice

Week of guided prayer June 6<sup>th</sup>-11<sup>th</sup> 2021

The focus for our week of guided prayer is to journey to Horeb, the mountain of God, gleaning insights from Elijah's journey in 1 Kings 19



When Elijah heard the gentle whisper, he wrapped his face in his scarf and went out and stood at the entrance of the cave. And a voice said, "Why are you here, Elijah?"

A week of guided prayer provides a special opportunity to come aside for a while from your daily routine, to focus on your individual walk with God. You will be given an experienced prayer guide who you will meet online for approximately 45 minutes each day at an agreed time to listen and accompany you on your spiritual journey. You may be offered a scripture, image or poem to aid you in your reflection and prayer during the day.

The week will start with a meeting on Sunday June 6th at 4pm, when all who are participating will have the opportunity to meet on Zoom\*. There will be an introduction to the week followed by a short reflection. We will then break out into small groups when you can meet your Spiritual Director/ prayer guide, and ask any questions you might have.

We have four Spiritual Directors available all of whom are part of the Worcestershire Diocesan Network, namely Rev Sylvia Coke-Woods, Jane Long, Anne King, and Janice Swan.

There are limited places so if you are interested and would like to reserve a place or would like to find out more about the week please contact Revd. Sylvia Coke-Woods by email sylvia.cokewoods@gmail.com or by phone 07533917150

Your prayer guide will contact you once you have reserved a place and will arrange with you the form of social media you would prefer to use i.e. Zoom, Skype, Facetime, etc. and also a suitable time for your first meeting.

Please prayerfully consider if this week could be for you. There is no set charge, however if you wish to make a donation, that will be gratefully received. Our most important consideration is that this special week, when you can focus on your relationship with God, will be accessible to all.



\*If you have difficulty with Zoom, please let us know