

Suggested discussion questions for

The Big Church Read

The Ruthless Elimination of Hurry

Session 6: Slowing (chapter 10, p.219)

1. Do you like rules, like John Mark? Can you imagine a rule of life being fun?
2. Do you already practise any of John Mark's twenty suggestions for slowing your life? Have they made a difference?
3. Which suggestion appeals most? And which least?
4. Which suggestion do you think you'd find the easiest? And the hardest?
5. Did you feel the 'smile' in this chapter? Or did it feel legalistic to you?
6. Do you want to add any of your own practices to this list?

Bonus questions:

If you were to fully incorporate just one suggestion from this book into your life, what would it be? Are you going to?

If you could give this book to any person, and you knew they would read it cover to cover and act on it, who would that person be?

