

Miracles of Jesus - Jesus calms the storm

Have you ever been in a boat on a lake or the sea? Did you enjoy it? Chat together about your experiences.



Read together: Today's story takes place in a boat! Find out what happened by reading the story in the Bible in Mark 4:35-41

You can also watch this animation: <https://youtu.be/uYLHqdSO9OY>

Spend a few moments thinking about this story, imagining you were there in the boat with Jesus. Ask God what he wants to say to you as you read this passage again.

Chat together: I wonder what you find amazing about this story?

I wonder if there are times when you feel worried or a bit scared?

Do you think God can help us when we are going through a storm in our lives?

We can talk to Jesus and tell him how we are feeling and just like he helped his friends, Jesus will help us too. We need to remember that Jesus is always with us and he will comfort us. Sometimes he takes the situation away and sometimes he gives us the peace we need to go through it, he promises to be with us always and to give us the strength we need.

Sometimes we think that if we could see Jesus and touch him and talk to him like the disciples did, that our faith would be stronger. Yet, there they were, within feet of Jesus and still they had little faith. So it doesn't matter if you're a disciple hanging out with Jesus or if you're a kid in the 21st Century, your faith can be big or small.

Do you know how you can get more faith? Ask Jesus. He'll gladly increase your faith and help you when you face a scary situation. Try to learn and remember Bible verses which will remind you of God's promises, like these verses in Isaiah 41:10 when God says, "Do not be afraid, for I am with you. Do not worry for I am your God. I will help and strengthen you, I will uphold you with my righteous right hand."

Pray: Make some paper boats (instructions below) and find a bowl of water (if it's warm enough you might like to do this outside!)

Think about something that you are worrying about or are a bit scared about and write it on your boat. You might like to write it on the paper before you make the boat.

Float your boats on the water and then stir the water to make it a bit stormy as you ask Jesus to take your worries and fears.

Let the water calm and thank Jesus, for loving us and always being with us.

You might like to spend a few moments of quiet, talking to Jesus quietly in your head and listening to what he is saying to you.

Or try this prayer with actions:

God, sometimes the things happening around us make us feel scared, frightened, anxious or worried (clench your fists tightly)

It feels like we can't control them and they make us want to run and hide. But we know you calmed the storm for the disciples and you can calm our storms too (unclench your fists and lay your hands flat with your palms up)

Help us to put our trust in you when we are afraid. Amen

Something extra:

Make a 'FAITH' pot:

Find an empty container and decorate it.

Add the words FAITH - Feeling Afraid, I Trust Him

You could write prayers and pop them in the pot, and ask Jesus to help you and give you peace. Look back at the prayers after a while and see how God has answered your prayers.

You could add this Bible verse too:

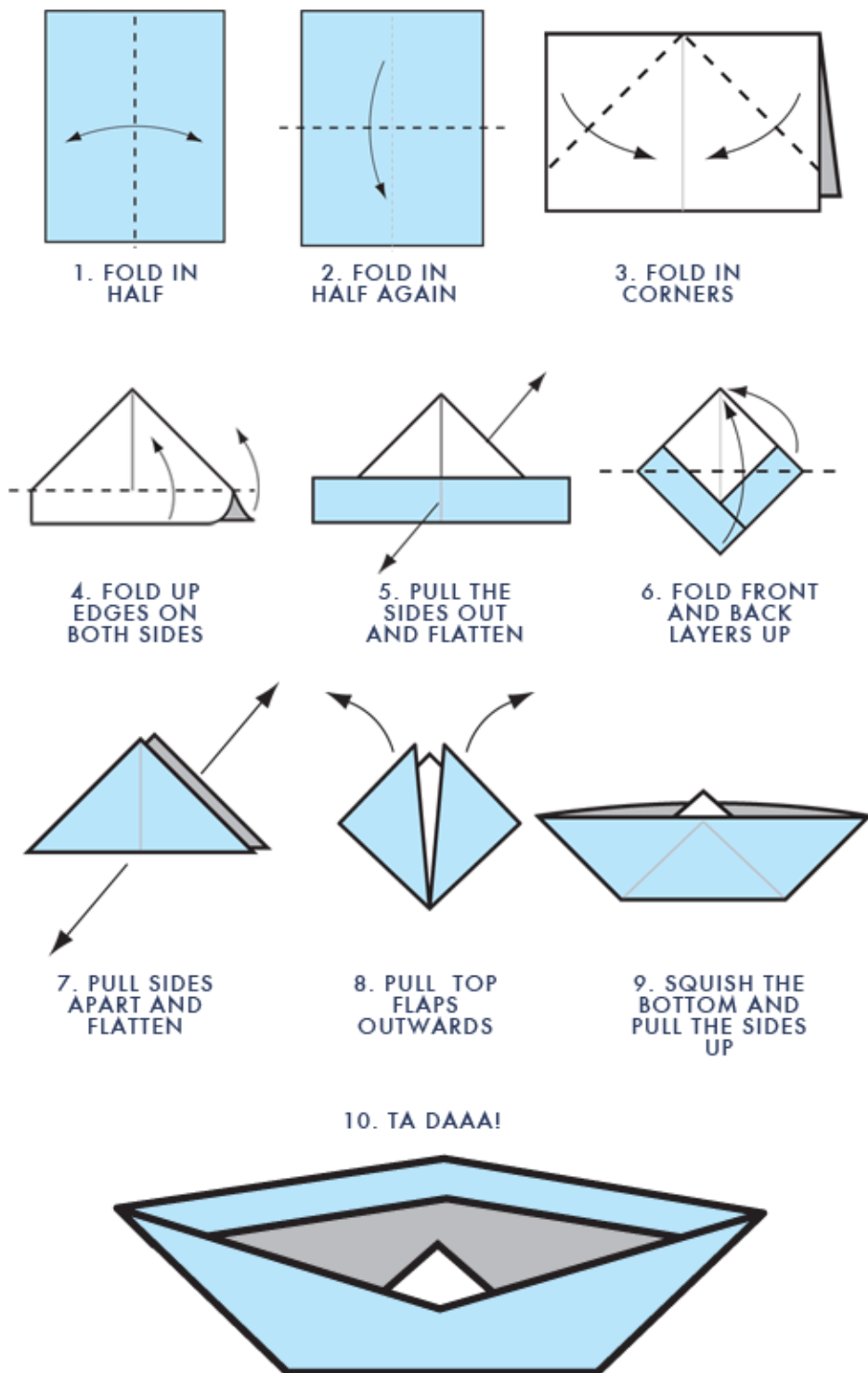
When I am afraid, I put my trust in you. Psalm 56:3

Sing 'My Lighthouse' together and try to do the actions!

Draw or paint a picture of the story or colour in one of the pictures below.

Why not imagine you were one of the disciples in the boat and write your own account of what happened?

Make paper boats!







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