

Reading Plan

The Big Church Read

The Ruthless Elimination of Hurry

Week One

21 September

'The Problem'

Chapter 1, 'Hurry: the great enemy of spiritual life', p. 17

Chapter 2, 'A brief history of speed', p. 29

Chapter 3, 'Something is deeply wrong', p. 45

Week Two

28 September

'The Solution'

Chapter 4, 'Hint: the solution isn't more time', p. 61

Chapter 5, 'The secret of the easy yoke', p. 75

Chapter 6, 'What we're really talking about is a rule of life', p. 89

Week Three

5 October

'Four practices for unhurrying your life'

No. 1

Chapter 7, 'Silence and Solitude', p. 119

Week Four

12 October

'Four practices for unhurrying your life'

No. 2

Chapter 8, 'Sabbath', p. 143

Week Five

19 October

'Four practices for unhurrying your life'

No. 3

Chapter 9, 'Simplicity', p. 177

Week Six

26 October

'Four practices for unhurrying your life'

No. 4

Chapter 10, 'Slowing', p. 219

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