

## The story of the sower

We're celebrating Harvest today and thanking God for all the good things that we have to eat and the farmers that grow the food.

I wonder if you sowed any seeds this spring? Did they grow well? What did you grow?

Here is Margaret telling the story that Jesus told:

<https://youtu.be/8vf1ylvA5sY>

and you can find it in the Bible in Luke chapter 8, verses 4-8 and 11-15

### Chat together:

I wonder what surprised you about this story?

Why do you think Jesus told this story?

When we are friends with Jesus and listen to stories that he told and read about him in the Bible, it is like a seed planted in our hearts and our love for Jesus will grow, just like a seed planted in good soil.

### Pray together:

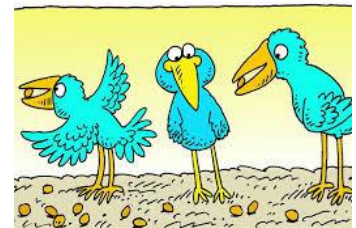
Think about what you love to eat; do you have a favourite food? A favourite fruit or vegetable?

Say thank you to God for all the good things that we have to eat.

Farmers all work really hard to grow our food, and this is a busy time of year when they are in the fields harvesting the crops. Maybe you have seen the tractors in the fields cutting the wheat or pulling trailer loads of potatoes? Let's say thank you to God for all the farmers who grow our food and for the shopkeepers who sell it.

Some people don't have enough food to eat and that makes us sad. Let's ask God to help us share what we have and to help people who are hungry.

You might like to say this prayer: *Father God, thank you for loving us and for all the good things you give us. Jesus, thank you for giving us these stories that help us to understand about following you. Holy Spirit, please help us to be like the good soil, keeping the words of God in our hearts. Amen*



## Do together:

Harvest is a time when we think about all the good things we have to eat and say thank you to God for the food, the farmers, the shops and maybe our thoughts also turn to those people who don't have enough to eat? Here are a few ideas of things you can do:

Why not say thank you to God at mealtimes, you could take it in turns to say a short prayer (often called 'grace') before you eat. You could make a picture like this to help you!



Collect some seeds from the garden or fruit and vegetables that you are eating - apple or lemon pips, melon or pumpkin seeds, conkers or acorns - plant them in a flower pot or yoghurt pot and see if they will grow. You will need to look after them!

Make a harvest picture: you could make a picture by sticking different seeds onto a sheet of paper or card. Or you could collect seeds, acorns, conkers, leaves and twigs in the garden and make a picture. I wonder what you could make?



Or you could make a little garden with the four different areas of soil to remind you of the story, a bit like the one Margaret made in the video. You could use it to tell the story to someone else and you could even sprinkle over some seed and see how it grows!

Have fun! And as always if you want to send me a photo of what you have made that would be great!

