

Boredom Bags

'Thanks for being part of creating boredom bags. Do invite friends and neighbours to be part of this, lots of people want to know what they can do to help at this time. Just direct people to the church website for details and then if they would like to know how to deliver their creations to us just get them to email Helen Attree on helen@standrewsandallsaints.org. Also if you know anyone that would benefit from receiving one of these bags, let us know and we will get a completed one to you to pass on.

Don't feel like you need to stick to our suggestions of what to include in the bags, let your imagination run wild! Just imagine what might brighten the day of any of these particular groups and go for it! We really look forward to seeing what you all create and we'll update you when bags begin to be sent out.'

Homemade fabric bags: Bags for adults: approximate finished size 16" x 16" (40 x 40cms)



Open ended with carrying handles. If possible, please neaten inside seams (use overlock or French seams)

Bags for children: approximate finished size 16" x 18" (40 x 45cms) with a drawstring at the top. If possible, please neaten inside seams (use overlock or french seams)



If you would like to make a bag but don't have any suitable fabric, please email Helen for supplies: helen@standrewsandallsaints.org

What can I make to go into the bags for adults?

- Home made puzzles, cross words, Sudoku, word searches
- Card making kit (perhaps with a couple of stamps?)
- Knitted or crocheted prayer square
- Make a Hama bead heart or cross
- If you're good with wood make something to hold or something tactile
- A favourite poem or psalm
- A card or letter from you or draw a picture
- Homemade rainbow making kit or something to hang in their windows
- An 'On this day' facts through the years and decades
- Reminiscence items

What else can I put in the bags for adults?

- Magazines and puzzle books
- Adult colouring & colouring pencils
- Hand cream
- Chocolate or special biscuits
- Books with words of hope and encouragement
- Playing cards with instructions for patience games
- A small jigsaw or puzzle game

What can I make to go into the bags for children and young people?

Bags will be for pre-school, key stage 1 (4-7 years), key stage 2 (8-11 years) and teenagers

- Homemade games with instructions
- Activity ideas
- Challenges, scavenger hunts,
- Homemade craft packs with instructions
- Puzzles, cross words, Sudoku, word searches
- A card or letter from you (to the family)
- Card making kit
- Homemade pencil case or bag for pencils
- Knitted or crocheted puppets or finger puppets

What else can I put in the bags for children?

- Colouring or puzzle books
- Stickers.
- Colouring pencils or felt pens
- Small jigsaws
- Small games
- Scrapbook, note books
- Craft kits

Please also add any ideas of your own!

Here's more helpful information!

Please don't worry if your craft or games need glue sticks, craft glue, felt pens, colouring pencils, sticky tape or dice as we do have some which we can add in.

Please ensure you follow safe hygiene rules when preparing your bags. To prevent spread of Covid-19 the Boredom bags will also be cleaned and quarantined before being delivered to families and folk all around the parish.

Once you have made your bag or other items please leave them in the boxes in the porches of Helen Attree or Alice Bruce. If you're not sure of the addresses please email Helen

Helen@standrewsandallsaints.org

Please leave a note with your items when you drop them off, we'd love to know who has helped with this project!

Thank you so much for helping to spread God's love and hope to young and old during these difficult times!

Here are some ideas (in case you need them) for games, activities and craft packs!

Games:

- Pairs, dominoes, picture lotto, beetle,
- Board games (see <https://garyhall.org.uk/make-maths-board-games.html> for printable blank game boards)
- Pack of cards and instructions for patience and other card games

Activities:

(containing instructions and all you need)

- How to make a with suggestions for things to do with it eg. paper planes or boats
- Can you find a simple scavenger hunt, items of different shapes, different colours
- How to play word games eg I packed my bag and in it I put Alphabet lists
- Make word searches, puzzles, sudoku, crosswords, word mining
- Using these you could build/make these eg. pipecleaners
- Pictures cut from magazines, cards or printed out that can be used for sticking (for little ones)
- I spy games

Crafts:

(containing all the bits you need to make the craft and instructions)

- Friendship bracelets
- Woolly pompoms
- Jewellery, key rings and other items from beads
- Kitchen roll tube crafts
- Paper plate crafts
- Card making kits
- Models eg. balloon powered car, origami flapping birds
- A rainbow for a window
- Sock puppets,
- Tissue paper flowers
- Treasure boxes

So, for example, a craft kit to make this butterfly would contain:



Instructions explaining in simple steps how to make the butterfly, 2 lolly sticks, a pipe cleaner, beads and three different coloured wools all contained in a small plastic bag or an envelope with a picture of what they are making if possible. You could also include materials to make more than one butterfly if you wanted to!