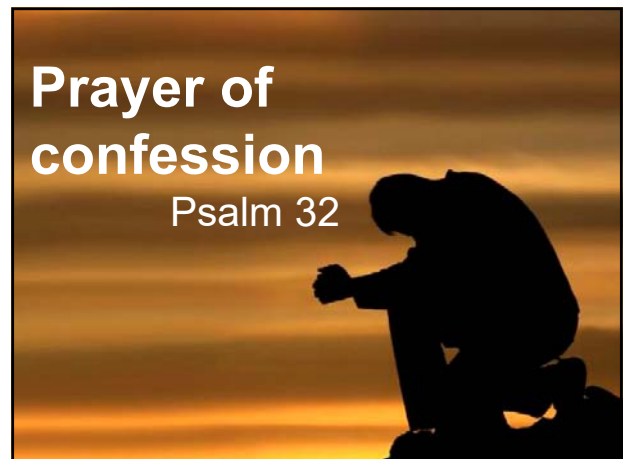


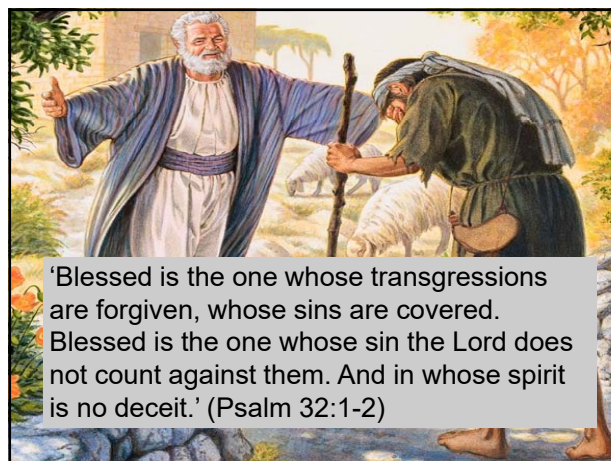
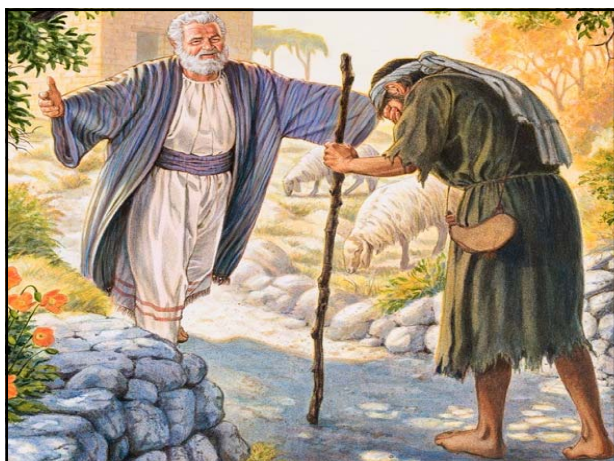
Discipleship **MOT** Discipleship **1-2-1**

Take time out this Lent to reflect on your journey as a follower of Jesus:

- Take away a Discipleship MOT
- Sign up for a Discipleship 1-2-1

*For everyone and anyone! Whether you are a new Christian or old Christian; a 'stuck' Christian or an 'on-fire' Christian or somewhere in between!*





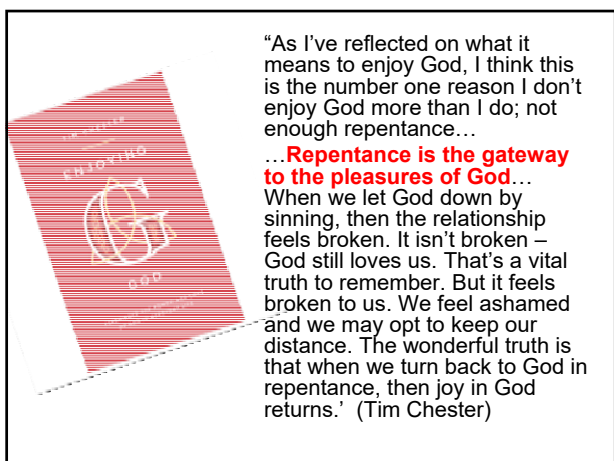
'Blessed is the one whose transgressions are forgiven, whose sins are covered. Blessed is the one whose sin the Lord does not count against them. And in whose spirit is no deceit.' (Psalm 32:1-2)



- Wrong actions or words
- 'Falling short of the glory of God' (Romans 3:23) – falling short of what God has created us to be
- Believing 'lies of the enemy'
- Not living in God's truth and story for us

### Unconfessed sin...but confession..

- Can cause physical and emotional 'heaviness'(v3)
- Brings a lightness
- Acts as a blockage between us and God
- Removes the blockage and restores our relationship with God
- Ruins our enjoyment of God

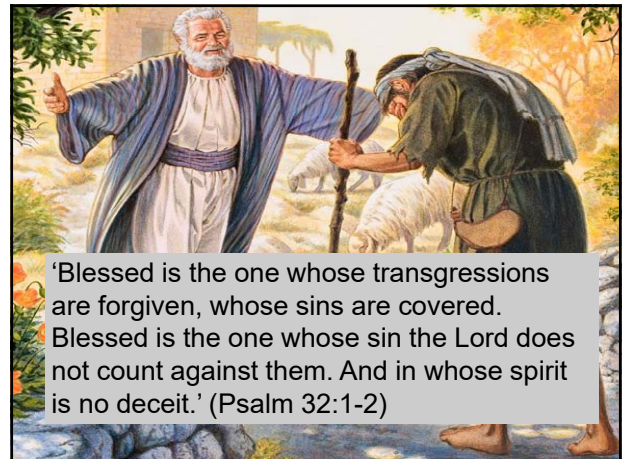


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- Ruins our enjoyment of God
- Restores our joy and peace
- Hardens our hearts (Hebrews 3:7-8)
- Softens our hearts again for the things of God (Ezekiel 36:25)

### How do we confess and repent?

- 1) **ACKNOWLEDGE** our sin (v5a) – uncover it
- 2) **CONFESS** (v5b) – offer our remorse to God
- 3) **RECEIVE** God's forgiveness (v5c,7)  
– let God cover it up!
- 4) **REPENT** (v8) – to walk in the opposite direction
- 5) **REJOICE** (v11) – with God



### Prayer of Repentance