

2) What might the next steps be for you to grow deeper?

Next to each of the descriptors are some suggested 'next steps' for going deeper in your discipleship - steps to help us follow Jesus more closely and more faithfully.

- Look at the steps next to the descriptor which you feel best fits you at this moment in time. Which of these things might help you grow as a disciple in the coming year?
- Select one or two things to particularly focus on and share it with a friend, or people in your Life Group so that they can encourage you to take these steps in the coming months.

We'd love to support you in your spiritual growth so please do talk to one of the church leaders, or particularly your Life Group leader about this if you would like to chat further and have a '1-2-1 discipleship conversation'



If you would like someone to come and visit you on your 'frontline' then please contact Dave (dave.bruce@chaseteam.org) who will seek to arrange that for you.

Resources:

We've also got some helpful resources on our website which you might find useful:

www.standrewsandallsaints.org/discipleship-resources/

And remember... this is not about rules or duty, 'oughts' or 'shoulds,' but an invitation from Jesus to walk **with Him**.

"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

(Matthew 11:28-30 The Message)

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St Andrew's & All Saints

Partnering with God in the flourishing of our communities



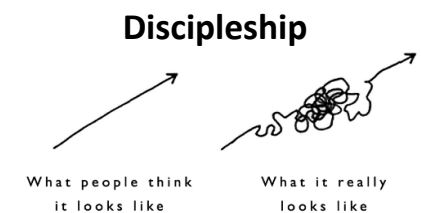
Growing as whole-life, life-long disciples of Jesus

As a church we are committed to helping each of us grow as disciples.

To learn to

- **BE WITH Jesus** - to know him and walk with him in the whole of life
- **BECOME more like Jesus** – to become more Christ-like in our character.
- **LIVE like Jesus** – to live how Jesus would in our context, on our 'frontline.'

We are all on a journey in our discipleship, and it can sometimes be difficult to know what it means to 'grow' as a disciple. Life as a disciple is often not easy and we can be knocked off track by life's pressures and challenges. We can sometimes get 'stuck' or feel we are 'moving backwards' on our journeys. But wherever we are, we are invited, by God's grace, to take the next step towards following Jesus more closely. This is not to be done on our own, but in community with other believers who can encourage us, pray for us, support us and spur us on.



1) Where are you on your discipleship journey?

The table overleaf maps out some of the different places we might find ourselves on the discipleship journey. Look at the descriptors and work out which one best describes where you are at this moment in time.

Where am I in my discipleship journey?		Possible Next steps
Exploring Faith	<i>I am not sure what I believe and I'm investigating it all. I may come to church, but I'm still exploring what faith is all about and who Jesus is.</i>	<ul style="list-style-type: none"> ▪ Read the gospels – pick up one from the back of church if you need to. ▪ Join the Alpha or Start! Course ▪ Use the 'Try Praying' booklet or app to start praying - www.trypraying.co.uk ▪ Come along to church and ask God if he is there, to show you ▪ Join a Life Group to 'try it out'
Choosing Faith	<i>I believe in God and have made a choice to become a Christian, but at the moment I may be still working out what it means to live as a Christian and 'have a relationship with Jesus.' Faith does not currently have a big impact on my life. I may pray to ask for help from God when I need it.</i>	<ul style="list-style-type: none"> ▪ Seek to develop rhythms of prayer and Bible Reading (e.g. St Chad's booklet, Bible apps) ▪ Attend church regularly ▪ Come on Alpha to learn more about the basics of faith and how to live as a Christian. ▪ Join a Life group to learn and connect with others. ▪ Try the Bible Course www.biblesociety.org.uk/explore-the-bible/the-bible-course/ ▪ Consider confirmation/baptism if you have not already. ▪ Find ways to be involved in church life (worshipping, praying, serving, giving)
Following Jesus	<i>I'm growing in my relationship with God and wanting to follow Jesus. I try to pray and read my Bible when I can, and want God to be part of my life. My faith is important to me and does have some impact on my life and the decisions I make. I am beginning to think how God might use me and how my faith may have an impact out on my 'frontline' where I find myself Monday – Saturday.</i>	<ul style="list-style-type: none"> ▪ Develop daily patterns of prayer, reflection on scripture & openness to the Holy Spirit ▪ Join & become a committed member of a Life Group ▪ Have a 'frontline visit' to discuss how God might be using you where you are ▪ Find friends to share with, pray with and be people who can 'spur you on'. ▪ Meet up with a church leader to explore your giftings and passions and where you might serve/minister in the church. ▪ Sharing faith course (coming soon!) and attend prayer ministry training sessions. ▪ Find ways to serve alongside others in different ministries in or outside the church.
Sent by Jesus	<i>I have a strong relationship with Jesus & continue to learn what it means to 'walk with Him' in the whole of life. I'm committed to spending time with God daily in scripture & prayer & am open to the Holy Spirit for guidance, empowering & making me more like Jesus. I think I know where God has called me to be, & can see Him using me in some ways in church & on my 'frontline' to 'proclaim and demonstrate His Kingdom.'</i>	<ul style="list-style-type: none"> ▪ Regularly meet with other Christians to be accountable to and to spur one another on. ▪ Reflect on how God is using you on your frontline (see the LICC's '6M's') with other Christians – Where is He at work? What is he calling you to be or do next? ▪ Attend prayer ministry training sessions. ▪ Sharing faith course (coming soon!) ▪ Keep a journal of what God is doing in your life and share with others. ▪ Pray daily for your frontlines and for friends who don't yet know Jesus. ▪ Lead ministry areas within the church and outside of it. ▪ Try using the 'Reviewing your day with God' sheet each evening to allow God to shape your character
Jesus-Centred	<i>My relationship with Jesus is the most important thing in my life and it guides all I do. I try to offer every aspect of my life to Him and am committed to being a 'disciple-maker' and being obedient to whatever God calls me to.</i>	<ul style="list-style-type: none"> ▪ Find a Spiritual director/mentor ▪ Leading groups/discipling others (e.g. Life Group leading, leading on Alpha) ▪ Visit others on their 'frontlines' and seek God together with them ▪ Mentor others & 'take them on mission' with you ▪ Lead ministry areas within the church and outside of it.
Stuck! (or 'grown cold')	<i>I might have been in any of the above places in the past, but currently I feel stuck in my faith, distant from God, and not growing, or maybe even going backwards. I may be feeling really 'lukewarm or even 'cold' towards God and simply 'going through the motions.'</i>	<ul style="list-style-type: none"> ▪ Get back into daily rhythms of prayer and Bible reading ▪ Meet up for a '1-2-1 discipleship conversation' with a church leader to talk about your journey (reflect on disappointments, doubts and struggles) and pray with you ▪ Take retreat time out to reflect on your journey with God (using the Discipleship MOT (coming soon)) ▪ Find other Christians who will spur you on e.g. Life Group or prayer partner ▪ Start praying for your 'frontlines' and asking God how He might use you.