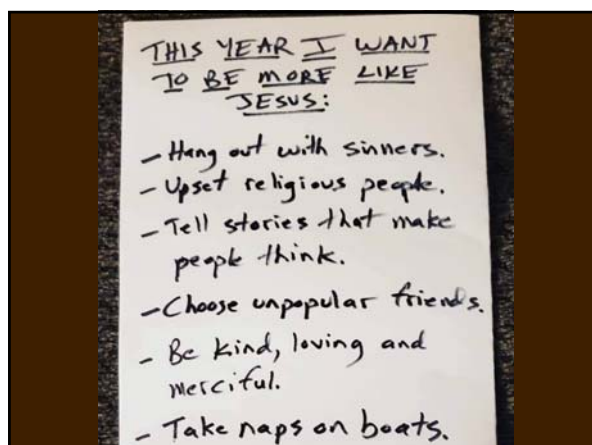
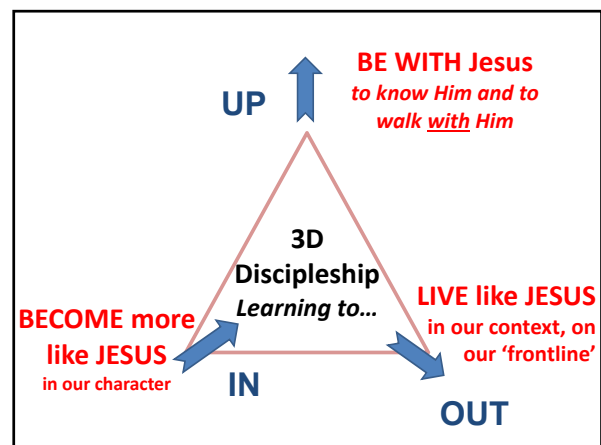
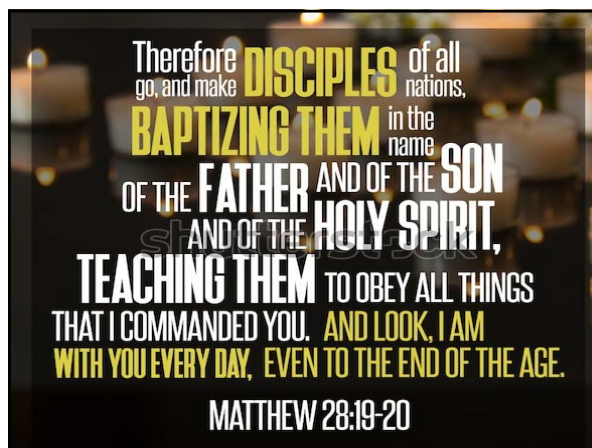




Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

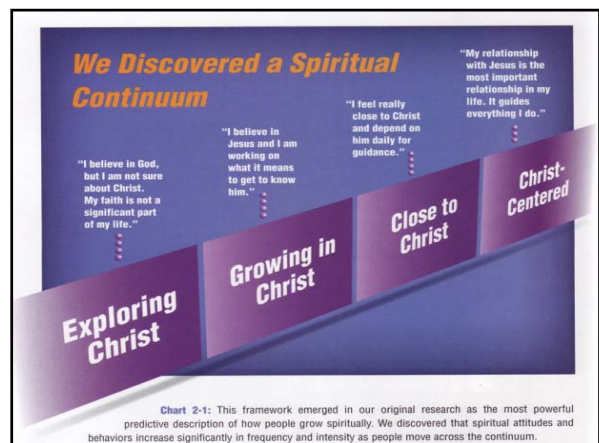
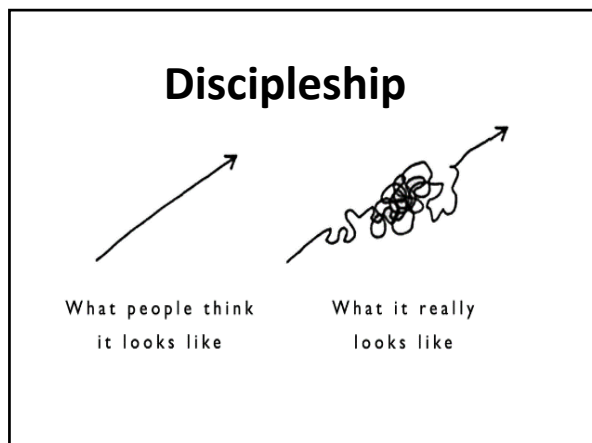
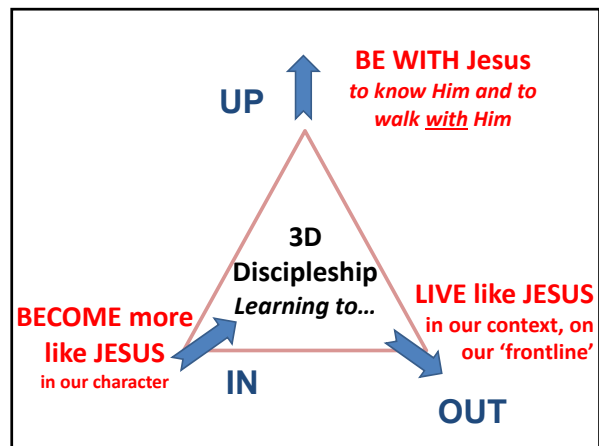
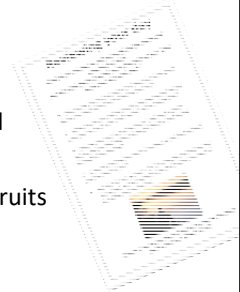
Matthew 11:28-30

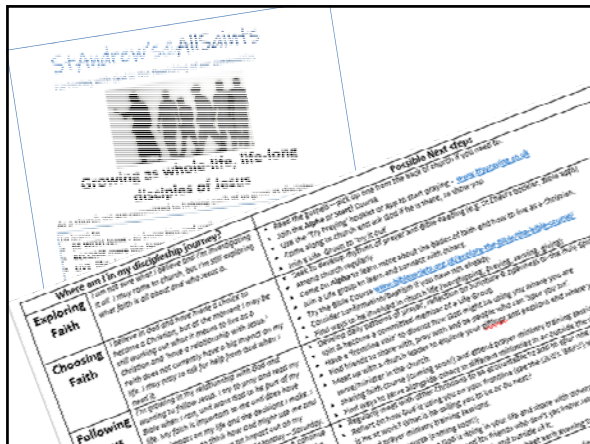


How are you being?

How do we BECOME more like Jesus?

- Spending time with God
- Reviewing our day with God
- Praying Specifically for the fruits of the Spirit





The plural of disciple is 'church'



The survey form is titled 'St Andrew's & All Saints Discipleship Survey'. It includes an introduction stating the church's commitment to helping people grow as disciples. The form is divided into several sections: '1) General information (please fill in what you are comfortable with - the more you do the more it will help us discern needs of different groups)', '2) How would you best describe yourself (tick all the boxes which apply to you)', '3) How long have you been a Christian?', and '4) Spiritual habits: How often, on average do you...'. The form includes checkboxes for age, gender, marital status, and frequency of spiritual practices.

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