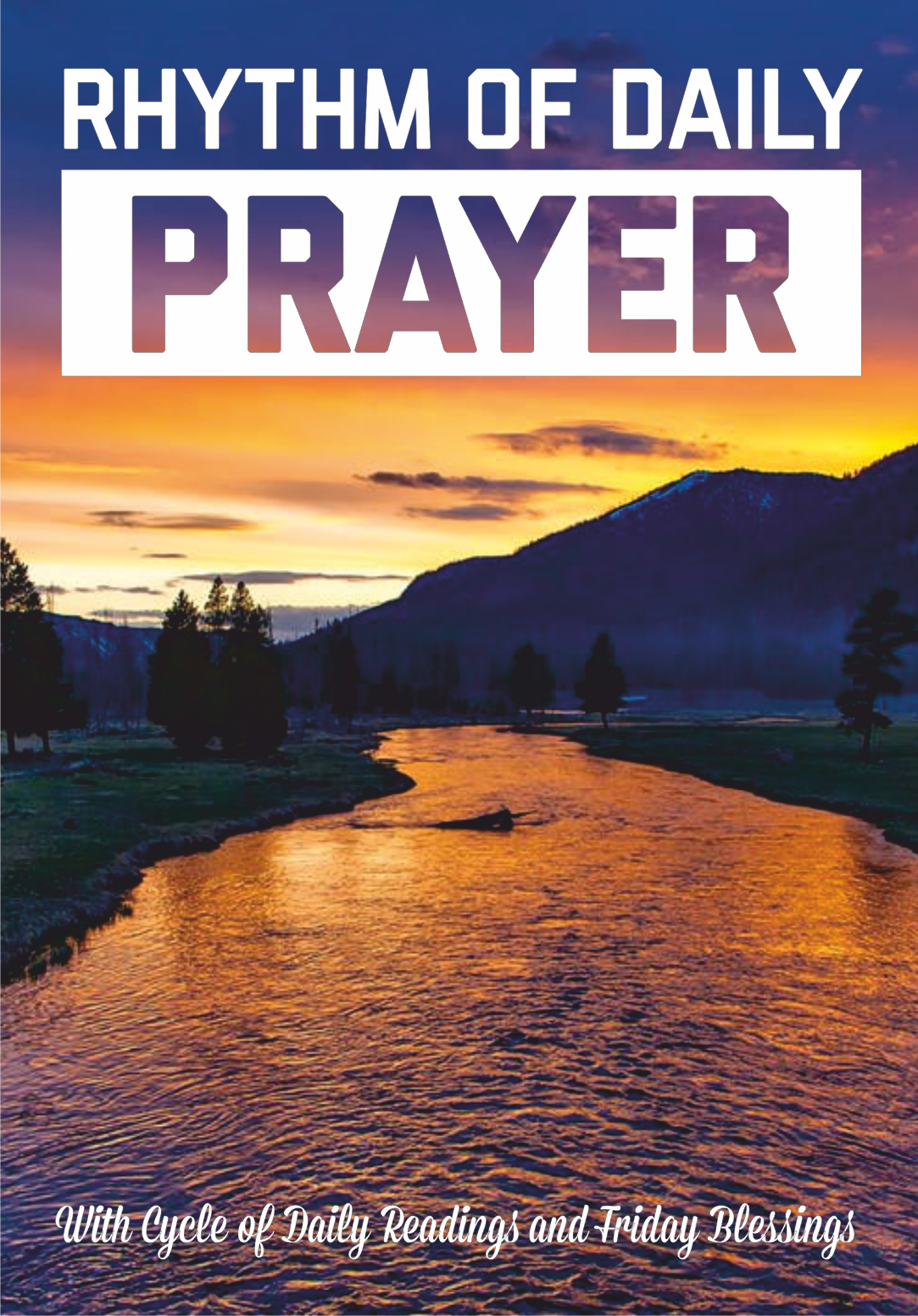
****

We bless each business and place of work. We bless you so that whatever you turn your hand to which is wholesome may be fruitful and profitable, that the work of your hands may be fruitful and prosperous, and that you will have enough to live and enough to give.

We bless each place of learning to be a safe and secure environment where teachers, pupils and support staff may flourish and thrive. We bless each child and student to have an increased capacity to learn and grow, able to develop good, healthy, helpful relationships.

We speak to every local church in our community and speak the blessings of the Lord upon you. In the name of Jesus we bless you that the Holy Spirit and the Word of God may flow freely and fully, that each minister and leader may know the power and presence of God, and may be convicted and empowered to faithfully interpret and preach the Word, to generously and graciously model the servant-heart of Christ and the love of the Father, and to share the comfort of the Spirit.

We bless each Christian community to be a thriving and saturated place of God’s presence, knowing the fullness of His peace, provision and power. We bless you to respond to His leading, to recognise and respond to the voice of the Spirit and to be drawn into an ever-deepening relationship with the living God.

We bless each person in the community to discover the life-changing truth of His forgiveness and acceptance and to experience first-hand the wonder of new life in Him, the joy of being children and citizens of His kingdom, and the miracle of His indwelling presence by the Holy Spirit.

In the name of Jesus and to His glory,

Amen.

25

**FRIDAY BLESSINGS**

*On Friday mornings, we speak blessings over our churches and our communities. Below is an example you may want to follow, but do feel free to let the Lord lead you. You may want to stand and face the town or people you are speaking blessings over, stretching out your hands toward them as a simple way of acknowledging your intention before the Lord both to bless and to be a blessing to them.*

Precious Heavenly Father, we thank You that You have saved us, redeemed us and established us in Your Kingdom as priests to serve You (Rev 1:6). Just as You called Your priests of old to proclaim blessings, so we take up our priestly mantle, and by the authority You have given us in the name of Jesus, we speak to every household in this town and surrounds and say to you:

“We bless you in the name of the Lord. We bless your marriages. We bless the relationships between husbands and wives, that they may be strong, cultivating deep roots of love, walking in forgiveness toward each other; united, speaking with one heart and one voice. We bless fathers to have hearts turned to their children, and children to have their hearts turned to their fathers. We bless mothers to form deep, strong and healthy relationships with their children. We bless you, fathers and mothers, to be strengthened and refreshed as you carry out your responsibilities and as you set a good and godly example for your children. We bless wider family relationships that they may be strong and deep, that there may be love, peace and understanding flowing freely between each other. In the name of Jesus, we bless every wholesome and supportive friendship, to be deepened and strengthened.

We bless the health and well-being of this community, that you may be strong and well. We bless you in the name of Jesus and speak against any and all sickness and disease that seek to invade this community. We say to all the residents; be strong and healthy. To those who are sick, we bless you to make a speedy and full recovery in Jesus’ name.

24

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**An Introduction to the Rhythm of Daily Prayer**

This Rhythm of Daily Prayer is modelled on the one used at Ffald-y-Brenin. My heart’s cry is that it will be an instrument that the Lord will use to lead you into His blessing, and that it will enable you to walk in step with the Holy Spirit through the day, infusing the whole of your day with the knowledge of His Presence and allowing Him to speak to, and with, you as you journey through the day.

Although liturgy has been used, it is simply to provide a trellis (or framework) around which you can meet with the Lord. There is lots of space for the Holy Spirit to break in and minister; so be receptive to His still, small voice. It is not a script to be religiously followed, but a simple tool to help introduce a regular rhythm to your prayer life as a means of building your day around prayer rather than trying to fit prayer into your day. Each morning and evening prayer is accompanied by a Bible reading with the first reading forming part of the Morning Prayer and the second reading as part of Evening Prayer. This will enable you to read through the entire New Testament and Proverbs twice a year, and through the book of Psalms once. Of course, you may feel that the Lord is leading you to read a different portion of Scripture on any given day. That is fine. Feel free to be open to His leading. I would, however, encourage you to read the Scripture portion aloud and slowly, reflecting on what you are reading and inviting the Lord to speak and minister to you. This draws on an ancient method of Bible reading called *‘Lectio Divina’*, or ‘*Divine Reading*.’ It is a helpful, interactive method that acknowledges that God’s word is living and active, and that He wants to speak to us through it and invite a response to what He is saying. You may also want to keep a journal, taking a moment during (or after) your prayer time to record what you feel the Lord has revealed to you or prompted you to do.

You will also note that some of the text is in normal font while some is in bold-type. If you are doing this as part of a group, have one person lead, reading the text in normal type, with the group responding by reading the text in bold-type. Read slowly, thoughtfully and prayerfully. Friday mornings provide an opportunity to speak blessings over your local community and over those you meet. Here is an example of a daily rhythm of prayer. Feel free to adapt it to suit your circumstances. Be blessed!

Morning Prayer: 9.30am

Lunchtime Prayer: 1.30pm

Evening Prayer: 7.00pm

Night Prayer: 9.30pm

2

**December**

1st: Titus 1 | Titus 2

2nd: Titus 3 | Philemon 1

3rd: Hebrews 1 | Hebrews 2

4th: Hebrews 3 | Hebrews 4

5th: Hebrews 5 | Hebrews 6

6th: Hebrews 7 | Hebrews 8

7th: Hebrews 9 | Hebrews 10

8th: Hebrews 11 | Hebrews 12

9th: Hebrews 13 | James 1

10th: James 2 | James 3

11th: James 4 | James 5

12th: 1 Peter 1 | 1 Peter 2

13th: 1 Peter 3 | 1 Peter 4

14th: 1 Peter 5 | 2 Peter 1

15th: 2 Peter 2 | 2 Peter 3

16th: 1 John 1 | 1 John 2

17th: 1 John 3 | 1 John 4

18th: 1 John 5 | 2 John

19th: 3 John | Jude

20th: Revelation 1 | Revelation 2

21st: Revelation 3 | Revelation 4

22nd: Revelation 5 | Revelation 6

23rd: Revelation 7 | Revelation 8

24th: Revelation 9 | Revelation 10

25th: Revelation 11 | Revelation 12

26th: Revelation 13 | Revelation 14

27th: Revelation 15 | Revelation 16

28th: Revelation 17 | Revelation 18

29th: Revelation 19 | Revelation 20

30th: Revelation 21 | Revelation 22

23

**November**

1st: 1 Corinthians 8 | 1 Corinthians 9

2nd: 1 Corinthians 10 | 1 Corinthians 11

3rd: 1 Corinthians 12 | 1 Corinthians 13

4th: 1 Corinthians 14 | 1 Corinthians 15

5th: 1 Corinthians 16 | 2 Corinthians 1

6th: 2 Corinthians 2 | 2 Corinthians 3

7th: 2 Corinthians 4 | 2 Corinthians 5

8th: 2 Corinthians 6 | 2 Corinthians 7

9th: 2 Corinthians 8 | 2 Corinthians 9

10th: 2 Corinthians 10 | 2 Corinthians 11

11th: 2 Corinthians 12 | 2 Corinthians 13

12th: Galatians 1 | Galatians 2

13th: Galatians 3 | Galatians 4

14th: Galatians 5 | Galatians 6

15th: Ephesians 1 | Ephesians 2

16th: Ephesians 3 | Ephesians 4

17th: Ephesians 5 | Ephesians 6

18th: Philippians 1 | Philippians 2

19th: Philippians 3 | Philippians 4

20th: Colossians 1 | Colossians 2

21st: Colossians 3 | Colossians 4

22nd: 1 Thessalonians 1 | 1 Thessalonians 2

23rd: 1 Thessalonians 3 | 1 Thessalonians 4

24th: 2 Thessalonians 1 | 1 Thessalonians 2

25th: 2 Thessalonians 3 | 2 Thessalonians 4

26th: 1 Timothy 1 | 1 Timothy 2

27th: 1 Timothy 3 | 1 Timothy 4

28th: 1 Timothy 5 | 1 Timothy 6

29th: 2 Timothy 1 | 2 Timothy 2

30th: 2 Timothy 3 | 2 Timothy 4

22

**MORNING PRAYER**

*Start with a time of silence, quieting your heart in the Lord’s presence and inviting Him to meet with you.*

**O Lord, open my lips, and my mouth will declare Your praise.**

(Psalm 51:15 ESV)

Blessed are You great and mighty God;

**We give You glory, honour and praise both now and forevermore!**

**Sing:** *Choose a worship song (or hymn) and prayerfully sing it to the Lord, reflecting on the words you are offering to Him. Sing from the heart - not simply from the head. Invite Him to inhabit your praises.*

But this I call to mind, and therefore I have hope:

**The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.**

“The LORD is my portion,” says my soul, “therefore I will hope in him.”

**The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD.**

(Lam 3:21-26 ESV)

*In a moment of quiet reflection, invite the Lord to be enthroned anew in your life in every situation, in every circumstance and in every relationship. Ask Him to bring to mind any situation or circumstance that He wants you to lift to Him in prayer. If there is anything in your life right now that has left you feeling hopeless, stressed, weary or overwhelmed, bring it to the Lord and invite the God of hope to renew your hope.*

*With this in mind, read the following Scripture:*

**May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.** (Ro 15:13 NIV)

3

Gracious and Almighty God,

**Because of Your great mercy and grace, we lay our lives down before You afresh today as a living sacrifice. We choose to die to our old self, and ask You to pour Your mighty resurrection power through us.**

**This day, may the fragrance of Christ be revealed in our lives as You come in power to establish Your kingdom.**

**This day, we invite You to lead us and ask that You help us both to know and to yield to Your leading, teaching us and empowering us to respond in humble, simple obedience to Your still, small voice in every circumstance.**

*Pause and reflect.*

**Lord, You have promised that if we ask anything according to Your will, You hear us. As we now come to read the Scriptures, we ask You to help us. Open our eyes to behold wondrous things out of Your word.**

*Scripture Reading: If you would like to follow the cycle of reading in this booklet, please turn to the Cycle of Daily Readings, starting on page 12. Alternatively, feel free to read a portion of Scripture that the Lord may be laying on your heart. After you have read slowly and reflectively, pause and pray, considering the verse(s) that have come to light in a new way. Dwell on them and let them inspire and shape your prayer(s).*

*Prayer Time – Pray as you feel led. At the end of your prayer time or devotional time, take a moment to write down in a journal what you feel the Lord may have said to you, either through the Scripture reading or during your time of prayer.*

***Friday Morning Blessings: Friday mornings provide an opportunity to proclaim the Friday Morning Blessings (see page 24).***

*The Lord’s Prayer: You may want to take a moment to say the Lord’s Prayer.*

4

**October**

1st: John 11 | John 12

2nd: John 13 | John 14

3rd: John 15 | John 16

4th: John 17 | John 18

5th: John 19 | John 20

6th: John 21 | Acts 1

7th: Acts 2 | Acts 3

8th: Acts 4 | Acts 5

9th: Acts 7 | Acts 6

10th: Acts 8 | Acts 9

11th: Acts 10 | Acts 11

12th: Acts 12 | Acts 13

13th: Acts 14 | Acts 15

14th: Acts 16 | Acts 17

15th: Acts 18 | Acts 19

16th: Acts 20 | Acts 21

17th: Acts 22 | Acts 23

18th: Acts 24 | Acts 25

19th: Acts 26 | Acts 27

20th: Acts 28 | Romans 1

21st: Romans 2 | Romans 3

22nd: Romans 4 | Romans 5

23rd: Romans 6 | Romans 7

24th: Romans 8 | Romans 9

25th: Romans 10 | Romans 11

26th: Romans 12 | Romans 13

27th: Romans 14 | Romans 15

28th: Romans 16 | 1 Corinthians 1

29th: 1 Corinthians 2 | 1 Corinthians 3

30th: 1 Corinthians 4 | 1 Corinthians 5

31st: 1 Corinthians 6 | 1 Corinthians 7

21

**September**

1st: Matthew 19 | Matthew 20

2nd: Matthew 21 | Matthew 22

3rd: Matthew 23 | Matthew 24

4th: Matthew 25 | Matthew 26

5th: Matthew 27 | Matthew 28

6th: Mark 1 | Mark 2

7th: Mark 3 | Mark 4

8th: Mark 5 | Mark 6

9th: Mark 7 | Mark 8

10th: Mark 9 | Mark 10

11th: Mark 11 | Mark 12

12th: Mark 13 | Mark 14

13th: Mark 15 | Mark 16

14th: Luke 1 | Luke 2

15th: Luke 3 | Luke 4

16th: Luke 5 | Luke 6

17th: Luke 7 | Luke 8

18th: Luke 9 | Luke 10

19th: Luke 11 | Luke 12

20th: Luke 13 | Luke 14

21st: Luke 15 | Luke 16

22nd: Luke 17 | Luke 18

23rd: Luke 19 | Luke 20

24th: Luke 21 | Luke 22

25th: Luke 23 | Luke 24

26th: John 1 | John 2

27th: John 3 | John 4

28th: John 5 | John 6

29th: John 7 | John 8

30th: John 9 | John 10

20

**Lord, I surrender this day to You to do Your will and to walk in obedience to Your word. Mindful of this, I think now on Your command:**

**“So whatever you wish that others would do to you, do also to them, for this is the Law and the Prophets.”**

(Mt 7:12)

O High King of Heaven, have mercy on our nation.

**Revive Your Church and send Your Holy Spirit to breathe new life in us, filling us with Your presence. Wherever we may go today, may You give us a heart for those who do not yet know You. May You reach out through us to touch the lost, to care for the least and to minister to the broken. May Your Kingdom come this day and may Your name be honoured in all that we say and do. In Jesus’ mighty name we pray. Amen.**

**Christ as a light, lead and guide me.**

**Christ as a shield, protect me.**

**Christ my foundation, Christ my capstone,**

**Christ my ever-present companion.**

**This day be within and without me,**

**Humble and gentle, yet all-powerful**

**Be in the heart of each to whom I speak,**

**In the mouth of each who speaks to me.**

**This day be within and without me,**

**Humble and gentle, yet all-powerful.**

**Christ as light, Christ as a shield,**

**Christ my ever-present companion.**

(Adapted from Patrick’s Breastplate)

5

**LUNCHTIME PRAYER**

*These prayers should be prayed slowly and reflectively. Take a moment to be still in the Lord’s presence. Choose to give this time completely to Him.*

**Be still and know that I am God.**

(Psalm 46:10a NLT)

The LORD is my rock, my fortress, and my saviour;

**My God is my rock, in whom I find protection. He is my shield, the power that saves me, and my place of safety.**

(Psalm 18:2 TLB)

We come to You as the sun rides high

**To pause and give You glory.**

We invite You into middle of our day.

**May Your rest be upon us.**

Come Holy Spirit.

**We hand every burden over to You now and thank You for Your prevailing peace.**

For God alone, O my soul, wait in silence, for my hope is from him.

**He only is my rock and my salvation, my fortress; I shall not be shaken.**

On God rests my salvation and my glory; my mighty rock, my refuge is God.

**Trust in him at all times, O people; pour out your heart before him; God is a refuge for us.**

(Psalm 62:5-8 ESV)

*Now, hand any thoughts, cares or concerns over to the Lord and invite Him to be Lord over the situation.*

6

**August**

1st: Hebrews 13 | James 1

2nd: James 2 | James 3

3rd: James 4 | James 5

4th: 1 Peter 1 | 1 Peter 2

5th: 1 Peter 3 | 1 Peter 4

6th: 1 Peter 5 | 2 Peter 1

7th: 2 Peter 2 | 2 Peter 3

8th: 1 John 1 | 1 John 2

9th: 1 John 3 | 1 John 4

10th: 1 John 5 | 2 John

11th: 3 John | Jude

12th: Revelation 1 | Revelation 2

13th: Revelation 3 | Revelation 4

14th: Revelation 5 | Revelation 6

15th: Revelation 7 | Revelation 8

16th: Revelation 9 | Revelation 10

17th: Revelation 11 | Revelation 12

18th: Revelation 13 | Revelation 14

19th: Revelation 15 | Revelation 16

20th: Revelation 17 | Revelation 18

21st: Revelation 19 | Revelation 20

22nd: Revelation 21 | Revelation 22

23rd: Matthew 1 | Matthew 2

24th: Matthew 3 | Matthew 4

25th: Matthew 5 | Matthew 6

26th: Matthew 7 | Matthew 8

27th: Matthew 9 | Matthew 10

28th: Matthew 11 | Matthew 12

29th: Matthew 13 | Matthew 14

30th: Matthew 15 | Matthew 16

31st: Matthew 17 | Matthew 18

19

**July**

1st: Proverbs 4 | 1 Thessalonians 1

2nd: 1 Thessalonians 2 | Proverbs 5

3rd: 1 Thessalonians 3 | Proverbs 6

4th: Proverbs 7 | 1 Thessalonians 4

5th: 1 Thessalonians 5 | Proverbs 8

6th: 2 Thessalonians 1 | Proverbs 9

7th: Proverbs 10 | 2 Thessalonians 2

8th 2 Thessalonians 3 | Proverbs 11

9th: 1 Timothy 1 | Proverbs 12

10th: Proverbs 13 | 1 Timothy 2

11th: 1 Timothy 3 | Proverbs 14

12th: 1 Timothy 4 | Proverbs 15

13th: Proverbs 16 | 1 Timothy 5

14th: 1 Timothy 6 | Proverbs 17

15th: 2 Timothy 1 | Proverbs 18

16th: Proverbs 19 | 2 Timothy 2

17th: 2 Timothy 3 | Proverbs 20

18th: 2 Timothy 4 | Proverbs 21

19th: Proverbs 22 | Titus 1

20th: Titus 2 | Proverbs 23

21st: Titus 3 | Proverbs 24

22nd: Proverbs 25 | Philemon 1

23rd: Hebrews 1 | Proverbs 26

24th: Proverbs 27 | Hebrews 2

25th: Hebrews 3 | Proverbs 28

26th: Hebrews 4 | Proverbs 29

27th: Proverbs 30 | Hebrews 5

28th: Hebrews 6 | Proverbs 31

29th: Hebrews 7 | Hebrews 8

30th: Hebrews 9 | Hebrews 10

31st: Hebrews 11 | Hebrews 12

18

O Lord, our Lord,

**How majestic is your name in all the earth! You have set your glory above the heavens.**

(Psalm 8:1 ESV)

*Pause as you lift the nations of the world to the Lord as He brings them to mind. Pray that His name will be exalted.*

*Now, take a moment to reflect on the different attributes and characteristics of God. What attributes or characteristics stand out for you right now? In light of this, how would you like God to reveal Himself to you in a deeper way today? Take a moment to invite Him to so do.*

**Therefore he is able to save completely those who come to God through him, because he always lives to intercede for them.**

(Heb 7:25 NIV)

*Take a moment to ask the Lord to lay on your heart the things that are on His heart right now and spend some time praying as you feel led.*

O precious and glorious God,

**Bless us as we go about our work. Be with us this afternoon and be ever close to us. Help us to see You in others and to see others as people made in Your image. Keep us in the beautiful attitudes of Your peace and presence; joyful, gentle, simple.**

**May the favour of the Lord our God rest on us; establish the work of our hands for us - yes, establish the work of our hands.**

(Psalm 90:17 NIV)

**Amen.**

*Close with a worship song/hymn*

7

**EVENING PRAYER**

*Spend a few moments being still in the Lord’s presence and invite him to come and have His way.*

**It is good to give thanks to the LORD**

**And to sing praises to Your name, O Most High;**

**To declare Your lovingkindness in the morning**

**And Your faithfulness by night.**

(Ps 92:1-2 ESV)

*Sing:* Choose a worship song and sing it to the Lord. Think about the words you are singing and offer them as praise to Him.

Father, we come to you as the day ends to say thank You.

**Thank you, Father.**

For all the encouragement and strength You have brought to us this day, for all the provisions You have bestowed upon us and all the kindnesses You have shown,

**Thank You, Jesus.**

For all that we have seen and learnt both of and from You today, for each new insight You have revealed and every old insight You have enabled us to see in a fresh light,

**Thank You, Holy Spirit.**

For all the people we have interacted with today, whether by phone or email, online or in person, and for all that You have taught us and shown us as a consequence,

**Thank you, gracious God.**

8

**June**

1st: Psalm 122 | 2 Corinthians 4

2nd: 2 Corinthians 5 | Psalm 123

3rd: 2 Corinthians 6 | Psalm 124

4th: Psalm 125 | 2 Corinthians 7

5th: 2 Corinthians 8 | Psalm 126

6th: 2 Corinthians 9 | Psalm 127

7th: Psalm 128-129 | 2 Corinthians 10

8th: 2 Corinthians 11 | Psalm 130-131

9th: Psalm 132 | 2 Corinthians 12

10th: 2 Corinthians 13 | Psalm 133

11th: Galatians 1 | Psalm 134

12th: Psalm 135 | Galatians 2

13th: Galatians 3 | Psalm 136

14th: Galatians 4 | Psalm 137

15th: Psalm 138 | Galatians 5

16th: Galatians 6 | Psalm 139

17th: Ephesians 1 | Psalm 140

18th: Psalm 141 | Ephesians 2

19th: Ephesians 3 | Psalm 142

20th: Psalm 143 | Ephesians 4

21st: Ephesians 5 | Psalm 144

22nd: Ephesians 6 | Psalm 145

23rd: Psalm 146 | Philippians 1

24th: Philippians 2 | Psalm 147

25th: Philippians 3 | Psalm 148

26th: Psalm 149 | Philippians 4

27th: Colossians 1 | Psalm 150

28th: Colossians 2 | Proverbs 1

29th: Proverbs 2 | Colossians 3

30th: Colossians 4 | Proverbs 3

17

**May**

1st: Romans 5 | Psalm 91

2nd: Romans 6 | Psalm 92

3rd: Psalm 93 | Romans 7

4th: Romans 8 | Psalm 94

5th: Romans 9 | Psalm 95

6th: Psalm 96 | Romans 10

7th: Romans 11 | Psalm 97

8th: Romans 12 | Psalm 98

9th: Psalm 99 | Romans 13

10th: Romans 14 | Psalm 100

11th: Romans 15 | Psalm 101

12th: Psalm 102 | Romans 16

13th: 1 Corinthians 1 | Psalm 103

14th: 1 Corinthians 2 | Psalm 104

15th: Psalm 105 | 1 Corinthians 3

16th: 1 Corinthians 4 | Psalm 106

17th: Psalm 107 | 1 Corinthians 5

18th: 1 Corinthians 6 | Psalm 108

19th: Psalm 109 | 1 Corinthians 7

20th: Psalm 110 | 1 Corinthians 8

21st: 1 Corinthians 9 | Psalm 111

22nd: 1 Corinthians 10 | Psalm 112

23rd: Psalm 113 | 1 Corinthians 11

24th: 1 Corinthians 12 | Psalm 114

25th: 1 Corinthians 13 | Psalm 115

26th: Psalm 116 | 1 Corinthians 14

27th: 1 Corinthians 15 | Psalm 117

28th: 1 Corinthians 16 | Psalm 118

29th: Psalm 119 | 2 Corinthians 1

30th: 2 Corinthians 2 | Psalm 120

31st: 2 Corinthians 3 | Psalm 121

16

**Lord, You have promised that if we ask anything according to Your will, You hear us. As we now come to spend time in the Scriptures, help us; open our eyes to behold the wondrous things out of Your word.**

*Scripture Reading: If you would like to follow the cycle of reading in this booklet, please turn to the Cycle of Daily Readings, starting on page 12. Alternatively, feel free to read a portion of Scripture that the Lord may be laying on your heart.*

*After you have read slowly and reflectively, pause and pray, considering the verse(s) that have come to light in a new way. Dwell on them and let them inspire and shape your prayer(s).*

*Prayer time: Pray as the Lord leads you. At the end of your prayer time or devotional time, take a moment to write down in a journal what you feel the Lord may have said to you, either through the Scripture reading or during your time of prayer.*

**I love you, O Lord, my strength. The Lord is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge, my shield, and the horn of my salvation, my stronghold. I call upon the Lord, who is worthy to be praised, and I am saved from my enemies.**

(Ps 18:1-2 ESV)

**Lord, whatever darkness touches me, whether physical, emotional or spiritual, I thank You and trust You to lighten it. I believe and trust wholeheartedly in You.**

**I now commit this evening to you and invite You to be in it, speaking as You desire, prompting as You choose, and drawing me into an ever-deeper relationship with You. I love you, Lord, my refuge and my strength. I go into this night thankful that that You will bless me and keep me, that You will make Your face to shine upon me and be gracious to me; that You will turn Your face towards me and give me peace. Your praise will forever be on my lips.**

**Amen.**

9

**NIGHT PRAYER**

**(BEFORE BED)**

Heavenly Father, I ask that You grant me a quiet night and a perfect end to this day.

**Amen.**

**Keep me safe, my God, for in you I take refuge.** **I will praise the Lord, who counsels me; even at night my heart instructs me. I keep my eyes always on the Lord. With him at my right hand, I will not be shaken. Therefore my heart is glad and my tongue rejoices; my body also will rest secure.**

(Psalm 16:1, 7-9 NIV)

**In you, O Lord, do I take refuge; let me never be put to shame! In your righteousness deliver me and rescue me; incline your ear to me, and save me!**

(Ps 71:1-2 ESV)

For You are my hope, sovereign Lord, my confidence.

**My mouth is filled with Your praise.**

You give rest to the weary and joy to the sorrowing.

**You give hope to the hopeless and restore the broken in heart.**

In repentance and rest is my salvation.

**In quietness and trust is my strength.**

*Pause and take a moment in silence to reflect on the day. Invite the Lord to speak to you about the day.*

10

**April**

1st: Psalm 61 | Acts 3

2nd: Acts 4 | Psalm 62

3rd: Acts 5 | Psalm 63

4th: Psalm 64 | Acts 6

5th: Acts 7 | Psalm 65

6th: Acts 8 | Psalm 66

7th: Psalm 67 | Acts 9

8th: Acts 10 | Psalm 68

9th: Acts 11 | Psalm 69

10th: Psalm 70 | Acts 12

11th: Acts 13 | Psalm 71

12th: Acts 14 | Psalm 72

13th: Psalm 73 | Acts 15

14th: Acts 16 | Psalm 74

15th: Acts 17 | Psalm 75

16th: Psalm 76 | Acts 18

17th: Acts 19 | Psalm 77

18th: Acts 20 | Psalm 78

19th: Psalm 79 | Acts 21

20th: Acts 22 | Psalm 80

21st: Acts 23 | Psalm 81

22nd: Psalm 82 | Acts 24

23rd: Acts 25 | Psalm 83

24th: Psalm 84 | Acts 26

25th: Acts 27 | Psalm 85

26th: Acts 28 | Psalm 86

27th: Psalm 87 | Romans 1

28th: Romans 2 | Psalm 88

29th: Romans 3 | Psalm 89

30th: Psalm 90 | Romans 4

15

**March**

1st: Psalm 30 | Luke 17

2nd: Luke 18 | Psalm 31

3rd: Luke 19 | Psalm 32

4th: Psalm 33 | Luke 20

5th: Luke 21 | Psalm 34

6th: Luke 22 | Psalm 35

7th: Psalm 36 | Luke 23

8th: Luke 24 | Psalm 37

9th: Psalm 38 | John 1

10th: John 2 | Psalm 39

11th: John 3 | Psalm 40

12th: Psalm 41 | John 4

13th: John 5 | Psalm 42

14th: John 6 | Psalm 43

15th: Psalm 44 | John 7

16th: John 8 | Psalm 45

17th: John 9 | Psalm 46

18th: Psalm 47 | John 10

19th: John 11 | Psalm 48

20th: John 12 | Psalm 49

21st: Psalm 50 | John 13

22nd: John 14 | Psalm 51

23rd: John 15 | Psalm 52

24th: Psalm 53 | John 16

25th: John 17 | Psalm 54

26th: John 18 | Psalm 55

27th: Psalm 56 | John 19

28th: John 20 | Psalm 57

29th: John 21 | Psalm 58

30th: Psalm 59 | Acts 1

31st: Acts 2 | Psalm 60

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**Merciful and gracious God, I confess to You before the whole company of heaven and before one another that I have sinned today in thought, word and deed. Forgive me Lord for what I have done and for what I have failed to do in Your name.**

**Have mercy on me, O God, according to Your unfailing love; according to Your great compassion, blot out my transgressions. Wash away all my iniquity and cleanse me from my sin. Forgive me Lord and raise me up to new life in Christ Jesus. Amen.**

Lord, You are my strength and my song.

**You have become my salvation.**

You are my God and I will praise You.

**With every breath may You be praised!**

All glory, honour and praise be to the Father and to the Son and to the Holy Spirit. Both now and forevermore.

**Amen.**

*Sing:* Choose a worship song and sing it to the Lord. Think about the words you are singing and offer them as praise to Him.

**Father, bless this time of rest. I bless You Lord to give me counsel in the night as You desire, to give me dreams, to give me visions, to refresh me and to strengthen me so that in waking, Your praise may ever be on my lips. At the end of this day, I lift up my loved ones and friends to You. I pray that You would keep us all in Your steadfast love and that You watch over us in our sleep.**

**May You bless us and keep us, may You make Your face to shine upon us and be gracious to us; may You look kindly on us and give us peace. In Jesus’ name. Amen.**

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**CYCLE OF DAILY READINGS**

*The following cycle of readings works through the whole New Testament and*

*Proverbs twice each year, and through the Psalms once*.

**January**

1st: Matthew 1 | Proverbs 1

2nd: Matthew 2 | Proverbs 2

3rd: Proverbs 3 | Matthew 3

4th: Matthew 4 | Proverbs 4

5th: Matthew 5 | Proverbs 5

6th: Proverbs 6 | Matthew 6

7th: Matthew 7 | Proverbs 7

8th: Matthew 8 | Proverbs 8

9th: Proverbs 9 | Matthew 9

10th: Matthew 10 | Proverbs 10

11th: Matthew 11 | Proverbs 11

12th: Proverbs 12 | Matthew 12

13th: Matthew 13 | Proverbs 13

14th: Matthew 14 | Proverbs 14

15th: Proverbs 15 | Matthew 15

16th: Matthew 16 | Proverbs 16

17th: Matthew 17 | Proverbs 17

18th: Proverbs 18 | Matthew 18

19th: Matthew 19 | Proverbs 19

20th: Matthew 20 | Proverbs 20

21st: Proverbs 21 | Matthew 21

22nd: Matthew 22 | Proverbs 22

23rd: Proverbs 23 | Matthew 23

24th: Matthew 24 | Proverbs 24

25th: Matthew 25 | Proverbs 25

26th: Proverbs 26 | Matthew 26

27th: Matthew 27 | Proverbs 27

28th: Matthew 28 | Proverbs 28

29th: Proverbs 29 | Mark 1

30th: Mark 2 | Proverbs 30

31st: Mark 3 | Proverbs 31

12

**February**

1st: Psalm 1 | Mark 4

2nd: Mark 5 | Psalm 2

3rd: Mark 6 | Psalm 3

4th: Psalm 4 | Mark 7

5th: Mark 8 | Psalm 5

6th: Mark 9 | Psalm 6

7th: Psalm 7 | Mark 10

8th: Mark 11 | Psalm 8

9th: Mark 12 | Psalm 9

10th: Psalm 10 | Mark 13

11th: Mark 14 | Psalm 11

12th: Mark 15 | Psalm 12

13th: Psalm 13 | Mark 16

14th: Luke 1 | Psalm 14

15th: Psalm 15 | Luke 2

16th: Luke 3 | Psalm 16

17th: Luke 4 | Psalm 17

18th: Psalm 18 | Luke 5

19th: Luke 6 | Psalm 19

20th: Luke 7 | Psalm 20

21st: Psalm 21 | Luke 8

22nd: Luke 9 | Psalm 22

23rd: Luke 10 | Psalm 23

24th: Psalm 24 | Luke 11

25th: Luke 12 | Psalm 25

26th: Luke 13 | Psalm 26

27th: Psalm 27 | Luke 14

28th: Luke 15 | Psalm 28

29th: Luke 16 | Psalm 29

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